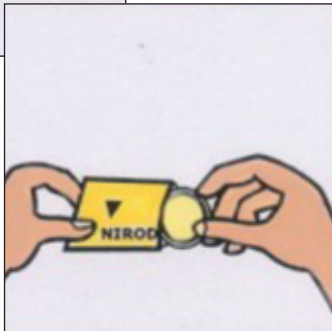


CONDOM USAGE AND DEMONSTRATION

NACO

CONDOM DEMONSTRATION



CONDOM DEMONSTRATION

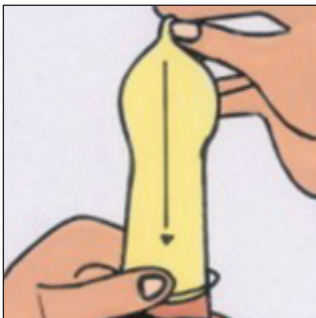
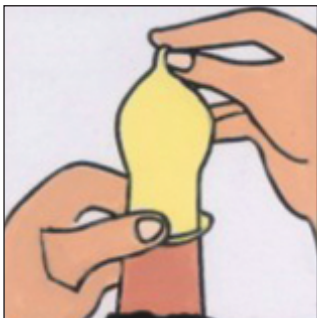
Step 1:

- Check the expiry date on the condom packet
- Never use a condom after the expiry date

Step 2:

- Tear the packet carefully from one side
- Gently squeeze the condom out of the packet

CONDOM DEMONSTRATION



CONDOM DEMONSTRATION

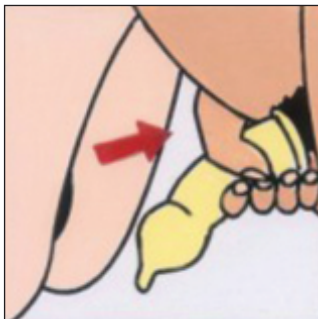
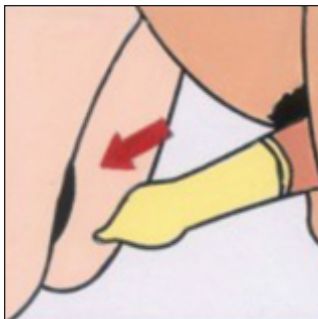
Step 3:

- Check the correct side of the condom
- Hold the tip between thumb and forefinger, so that the air from the nipple of the condom is expelled

Step 4:

- Place the condom on the head of the erect penis
- Unroll it till the base of the penis

CONDOM DEMONSTRATION



CONDOM DEMONSTRATION

Step 5:

Sex!

Step 6:

- After ejaculation withdraw the penis from the vagina while the penis is still erect
- Hold the rim of the condom to the base of the penis so as to avoid slipping of the condom

CONDOM DEMONSTRATION



CONDOM DEMONSTRATION

Step 7:

Take the condom off the penis without spilling semen near the vaginal, oral or anal opening of the partner

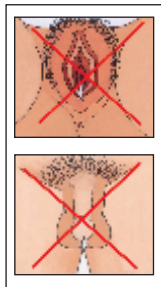
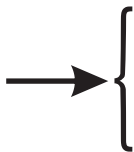
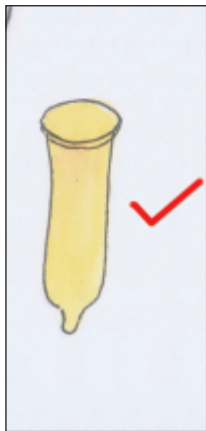
Step 8:

- Knot the open end of the condom
- Wrap the tied condom in a piece of paper and dispose it in garbage

**DO
REMEMBER!**



DUAL PROTECTION



DUAL PROTECTION

1. Condoms provide dual protection - from infections and from unwanted pregnancy

USE THE RIGHT SIDE



USE THE RIGHT SIDE

2. While putting the condom if one realizes that the side is wrong, dispose the condom and use a new one

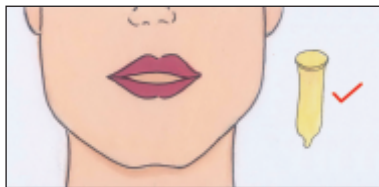
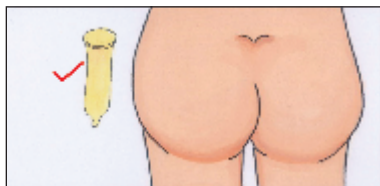
USE A SINGLE CONDOM



USE A SINGLE CONDOM

3. Do not use two condoms as the chance of tearing both increases

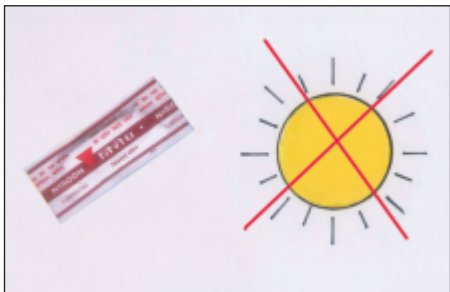
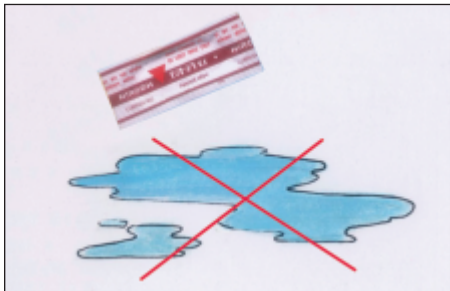
USE FOR ALL TYPES OF SEX



USE FOR ALL TYPES OF SEX

4. Use condoms for all types of sex – vaginal, anal and oral

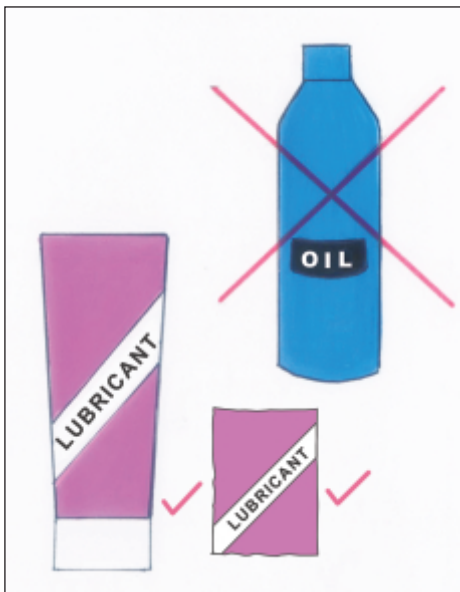
CONDOM STORAGE



CONDOM STORAGE

5. Condoms should be kept in a cool and dry place, away from sunlight and water

CONDOM LUBRICANTS

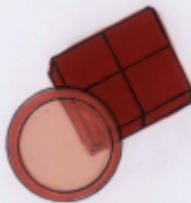


CONDOM LUBRICANTS

6. Only water based lubricants (not oil) should be used for lubrication, if required

CONDOM VARIETIES

FLAVOURED



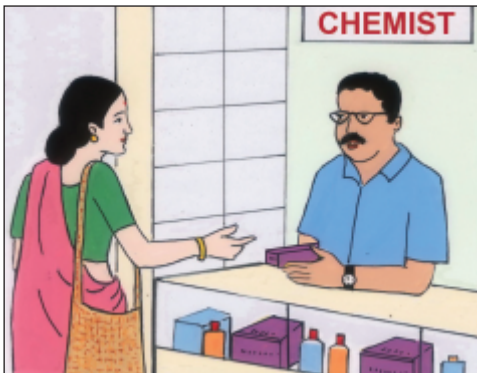
TEXTURED



CONDOM VARIETIES

7. There are various types of condoms like flavoured (chocolate/strawberry etc), and textured (dotted/ribbed etc)

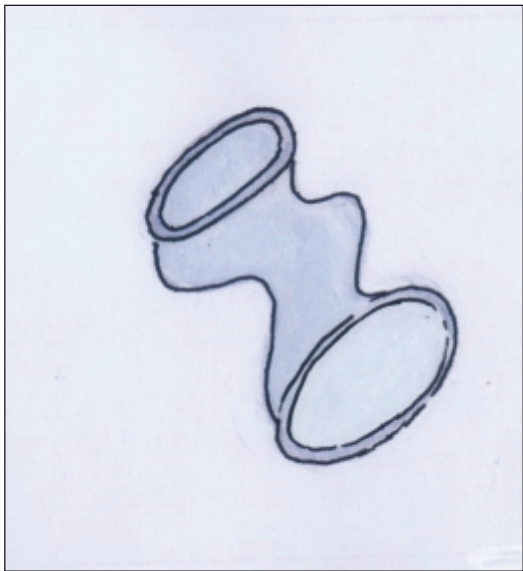
CONDOM COST



CONDOM COST

8. Condoms distributed by the government are available free of cost
 - Some condoms are socially marketed and are cheaper than market rates
 - Both are of the same quality

FEMALE CONDOMS



FEMALE CONDOMS

9. Nowadays female condoms are also available in the market



National AIDS Control Organisation
Ministry of Health and Family Welfare
Government of India, 6th & 9th Floor, Chandralok Building,
36, Janpath, New Delhi - 110001